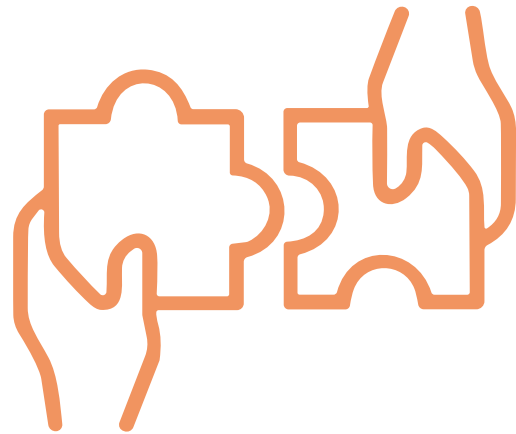


Parent Connect: Helping local families thrive



The Parent Connect Program is specially designed to give individual and group support to parents and carers of a child/ren with a disability, additional need or developmental delay in the Shoalhaven.

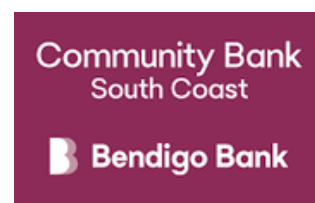
Parents and carers are able to talk through their concerns and discuss their goals with an experienced member of the Noah's team who also has lived experience with disability in their family.

The program covers some common topics of discussion, including:

- Understanding the NDIS (although it is not essential for your child to have an NDIS Plan for you to access this service)
- Transitions and strategies for school
- Managing personal wellbeing and avoiding carer burnout

This program is free of charge for families, thanks to incredibly generous support from the Commonwealth Bank Nowra and the Commonwealth Bank Staff Foundation who fund this program in Nowra, the Bendigo Bank Sanctuary Point who fund this program in the Bay and Basin and the Community Bank South Coast who fund the in-person Parent Connect sessions in Ulladulla.

**To find out more about the
Parent Connect Program,
phone Noah's Inclusion
Services on
(02) 4423 5022**



*Our Family Support Workers Debra and Laurence
are here to help you and your family to thrive*

