

## **Family Information & Training**

Noah's Inclusion Services supports parents and carers in their role of caring for their child with a disability or additional need by empowering them with the knowledge, skills and mentoring they need to help their family thrive.

The Family Information & Training Program offers parents and carers of children with a disability or additional need with a NDIS Plan the opportunity to access training and guidance designed to:

- Gain a deeper understanding of your child's needs and options
- Provide information specific to your family's situation
- Learn ways to cope with challenges and manage stress
- Gather handy tips and tricks
- Receive caring emotional support and an opportunity to discuss your concerns

You can access this service in person or online in a way that suits you and it will be charged to your child's NDIS Plan according to the price guide (currently \$77 per hour).

Noah's has an expert Family Support Team with their own lived experience of disability and care responsibilities. They recognise that every family is the main expert on the unique needs of their own child and is ready to support you throughout your parenting and care journey.

For more information or to access Family Information & Training, please phone Noah's Inclusion Services on (02) 4423 5022