



Parent Connect Program

The Parent Connect Program is a free support service that Noah's Inclusion Services offers to parents or carers of children living with a disability.

Parents and carers are able to talk through their concerns and discuss their goals with an experienced member of the Noah's team who also has lived experience with disability within their own family.

Personalised one-on-one support sessions are offered to each family and some common topics of discussion include:

- Understanding the NDIS (although it is not essential for your child to have an NDIS Plan for you to access this service)
- Transitions and strategies for school
- Managing personal wellbeing and avoiding carer burnout
- Building community connections
- Supporting siblings

This program is funded by our community donations. Thanks to local businesses, community groups and individuals for your generous support.

**Please phone
Noah's Inclusion Services
for more information
on (02) 4423 5022
or visit noahs.org.au**



Noah's
EVERY CHILD.
EVERY OPPORTUNITY.