

Noah's Inclusion Services - Term 2 2024 Groups Timetable

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|
| Young Yarns Playgroup 9.30am-11.30am Albion Park Rail Public School Playgroup for Aboriginal children 0-5 years | Gubidja Wurrangalali Gooyoong (Cullunghutti Playgroup) 9.30am-11.30am Holloway Street, South Nowra Playgroup for Aboriginal children 0-5 years | PlayConnect Playgroup 9am-10.30am Noah's Sanctuary Point Playgroup for children 0-5 years with Autism or development concerns | Little Steps Playgroup 9.30am-11am Noah's Ulladulla Playgroup for children 0-5 years who don't attend other care | Little Steps Playgroup 9.30am-11am Sanctuary Point Connect Playgroup for children 0-5 years who don't attend other care |
| Bilima Booris 9.30am-11.30am Noah's Sanctuary Point Playgroup for Aboriginal children 0-5 years | PlayConnect Playgroup 9.30am-11am Noah's Batemans Bay Playgroup for children 0-5 years with Autism or development concerns | Little Puddles 9.30am – 11am Noah's Batemans Bay Structured playgroup for children 0-4 years who have complex needs and are not engaged in other Noah's services | My Time 10am-12pm Noah's Nowra Peer support group for parents/carers of children with additional needs | |
| Aboriginal Family Playgroup 9.30am – 11.30am Noah's Ulladulla Playgroup for Aboriginal children 0-5 years | My Time 9.30am – 11.30am Noah's Batemans Bay Peer Support Group for parents/carers of children with additional needs | PALS Playgroup 9.30am – 11am Noah's Ulladulla Supported playgroup for all children and families in conjunction with Playgroup NSW | Creative Connections 3pm - 4.30pm Noah's Sanctuary Point Social and creative group for children with NDIS Plan | |
| PlayConnect Playgroup 9.30am – 11am Noah's Nowra Playgroup for children 0-5 years with Autism or development concerns | Little Steps Playgroup 10am-11.30am Noah's Nowra Playgroup for children 0-5 years who don't attend other care | Sing and Grow 9.30am - 10.30am Noah's Nowra A music therapy programs for children 0-5 years | | |
| Jump In Early Intervention Group 9.30am – 11am Noah's Batemans Bay Early intervention group for children 3-6 years | My Time 10am-12pm Noah's Ulladulla Peer support group for parents/carers of children with additional needs | Jump In 9.30am-11am Noah's Nowra Early Intervention program with parent & carer training | | |
| | Language for Learning 1pm-2.30pm Noah's Nowra Early literacy skills building for preschool age children with a NDIS Plan | My Time 10.30am - 12.30pm Noahs Sanctuary Point Peer support group for parents/carers of children with additional needs | | |
| | Build & Connect 3.30pm – 4.30pm Noah's Batemans Bay Social skills group for children 5-8 years with a NDIS Plan | Cooking Connections 3pm - 4.30pm Noah's Sanctuary Point Social skills programs with cooking focus for children with NDIS Plan | | |
| | Connection to Our Backyard 3.30pm-5pm Noah's Nowra Play and language group for school age children with a NDIS Plan | | | |

Other Noah's Programs (contact us for availability):

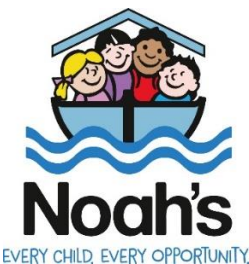
- Be My Best Behaviour Support
- Peer Mentoring (for parents)
- The Parent Room
- SWAY Program
- PEERS Program
- SOS Feeding Program
- Start Up Multidisciplinary Assessment Clinic
- Secret Agent Society
- Circle of Security

NDIS Services by appointment (contact us for availability)

- Plan Management
- Key Worker (0-7 years)
- Speech Pathology
- Occupational Therapy
- Physiotherapy
- Psychology (current clients)
- Behaviour Support

Noah's Centres:

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|---------------------------------|
| Nowra |
| Ulladulla |
| Sanctuary Point |
| Eurobodalla |
| Illawarra (no groups this term) |



| GROUP/PROGRAM/SERVICE | DESCRIPTION | OTHER INFO |
|--|--|--|
| NDIS Services - Individual | <ul style="list-style-type: none"> • Plan Management • Key Worker (0-7 years) • Speech Pathology • Occupational Therapy • Physiotherapy • Psychology • Behaviour Support | <ul style="list-style-type: none"> • For ages up to 18 years • Available at Noah's, home or education and community settings • Costs (charged to NDIS Plan) are according to the NDIS Price Guide • Waiting lists exist for some services • Limited access to some services in some locations |
| NDIS Services - Groups | <ul style="list-style-type: none"> • Groups offered are as listed in the timetable • Groups vary each term according to time of year and demand | <ul style="list-style-type: none"> • Costs (charged to NDIS Plan) are according to the NDIS Price Guide • Waiting lists exist for some groups |
| Be My Best | Be My Best is for families who are experiencing difficulties managing the behaviour of their child/ren ages 2.5 to 7 years. | <ul style="list-style-type: none"> • Non-NDIS Program • Intensive Program (Nowra only) - parents commit to 2-3 sessions per week on Mon, Tues and/or Thurs for around 10 weeks • Coaching Program available at Nowra and Ulladulla • Contact us for more information, including costs and availability |
| Start Up | Start Up is a developmental assessment program for families with a child under school age who is not meeting milestones | <ul style="list-style-type: none"> • Non-NDIS Program • Contact us for more information, including costs and availability |
| Playgroups | Noah's runs a series of playgroups for families with infant or pre-school age children <ul style="list-style-type: none"> • Playgroups for Aboriginal families • Little Steps (for children who do not attend other early childhood education services) • PlayConnect (Supported Playgroup) • PALS Playgroup (Supported Playgroup for all abilities) | <ul style="list-style-type: none"> • Non-NDIS Program • Contact us for more information or to register |
| Carer Support Services | <ul style="list-style-type: none"> • My Time • The Parent Room • Peer-to-Peer Mentoring | Contact us for more information or to register |
| Early Childhood Early Learning Services | <ul style="list-style-type: none"> • Mundamia Early Learning Centre • SWAY (language and literacy program for early childhood services based on Aboriginal culture) • Koori Kids Together (targeted support for pre-schools and schools in Wreck Bay/Jervis Bay Territory) | Contact us for more information or to register |

For more information about Noah's Groups, Programs and Services or to book phone (02) 4423 5022 or visit www.noahs.org.au

Follow us on Facebook for the latest news and updates

Noah's Nowra: 69 George Evans Road Mundamia (UOW Shoalhaven Campus) - Phone: (02) 4423 5022
Noah's Ulladulla: 158 Green Street Ulladulla - Phone: (02) 4455 1318
Noah's Illawarra: 41 Willinga Road Flinders - Phone: (02) 4288 8024
Noah's Sanctuary Point: 48-52 Paradise Beach Road Sanctuary Point - Phone: (02) 4423 5022
Noah's Batemans Bay: 1a Melaleuca Crescent Catalina – Phone (02) 4472 6939
Noah's Moruya: 2809 Princes Highway Moruya – Phone (02) 4472 6939

Bookings are essential for all groups

Timetable is subject to change

Some groups and programs do not run during the school holidays