

# Carers Week 16-20 October 2023

Noah's Inclusion Services, in conjunction with Carers NSW, will be hosting a series of events in Carers Week to recognise and celebrate the important role of carers in our community.

#### **MONDAY 16 OCTOBER**

- Young Yarns Playgroup, Albion Park 9.30am to 11.30am
  Play Date, Cultural Activity and Morning Tea
- Aboriginal Families Playgroup and Cullunghutti Playgroup Noah's Sanctuary Point - 9.30am to 12pm
   Weaving Workshop with Murruwarri artist, Virginia Keft
- Play Connect Playgroup, Noah's Nowra 10am to 11.30am
  Session and Morning Tea



## **TUESDAY 17 OCTOBER**

• MyTime, Noah's Ulladulla - 12.30pm to 2.30pm - Afternoon Tea with Activities

### **WEDNESDAY 18 OCTOBER**

- MyTime and Play Connect, Noah's Sanctuary Point 9am to 12.30pm
  Pamper Session and Morning Tea
- PALS Playgroup, Noah's Ulladulla 9.30am to 11am Kokedama Workshop and Morning Tea

#### **THURSDAY 19 OCTOBER**

• MyTime, Noah's Nowra - 10am to 12.30pm - High Tea Celebration

Carers in our Noah's community and the people they care for are encouraged to attend one of these special events.

RSVP is essential For more information or to book please phone (02) 4423 5022



