

Noah's Inclusion Services - Term 1 2022 Groups Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Young Yarns Playgroup 9.30am-12pm 172 Shellharbour Road, Warilla Playgroup for Aboriginal children 0-5 years	Koori Kids Together 9am-1pm Gudgahjhamia and Jervis Bay Public School Identify and support Aboriginal children with additional needs	Koori Kids Together 9am-3pm Gudgahjhamia and Jervis Bay Preschool Identify and support Aboriginal children with additional needs	PlayConnect Playgroup 10am-11.30am Noah's Ulladulla Playgroup for children 0-5 years with Autism or developmental concerns	Little Steps Playgroup 9.30am-11am Sanctuary Point Youth and Community Centre Playgroup for children 0-5 years who don't attend other care
Aboriginal Playgroup 9.30am-12pm Sanctuary Point Youth and Community Centre Playgroup for Aboriginal children 0-5 years	Cullunghutti Aboriginal Playgroup 10am-12pm Holloway Street, South Nowra Playgroup for Aboriginal children 0-5 years	Start Up 9am - 10.30am or 12.30pm-2pm Various locations Developmental Assessment for children 0-5 years	Early Intervention Group 9.30am-11.30am Noah's Nowra Communication, physical and social skills for preschoolers with NDIS Plan	Aboriginal Playgroup Noah's Ulladulla Playgroup for Aboriginal families Ph: Mel Harpur 0447 272 354 for details
Skills Building Group 10am-11.30am Noah's Nowra Language skills for pre-school age children with NDIS Plan	My Time 10am-12pm Noah's Ulladulla Peer support group for parents/carers of children with additional needs	My Time 9.30am-11.30am Sanctuary Point Youth and Community Centre Peer support group for parents/carers of children with special needs	My Time 10am-12pm Noah's Nowra Peer support group for parents/carers of children with additional needs	Other Programs offered at Noah's by arrangement: Be My Best Behaviour Support Westmead Feelings Program Secret Agent Society Peer Mentoring (for parents) The Parent Room Sector Capacity Building SWAY Program NDIS Services by appointment (subject to availability) Plan Management Key Worker (0-7 years) Speech Pathology Occupational Therapy Physiotherapy Psychology (current clients) Behaviour Support
	Little Steps Playgroup 10.30am-12pm Noah's Nowra Playgroup for children 0-5 years who don't attend other care	Little Steps Playgroup 9.30am-11am Noah's Ulladulla Playgroup for children 0-5 years who don't attend other care		
	Secret Agent Society (SAS) 3pm-4.30pm Noah's Nowra Social skills group for children 8-12 years with NDIS Plan	Grandparents as Carers 12.30pm-2.30pm Noah's Ulladulla Support group for grandparents who are primary carers of child/ren with a disability		
	Social Language Group 3.30pm-4.30pm Noah's Nowra Language and social skills for primary age children with NDIS Plan	Grandparents as Carers 12.30pm-2.30pm Sanctuary Point Youth and Community Centre Support group for grandparents who are primary carers of child/ren with disability		
		PEERS 3pm-4.30pm Noah's Nowra Social skills group for children 13-18 years with NDIS Plan		
		Social Language Group 3.30pm-4.30pm Noah's Nowra Language and social skills for primary age children with NDIS Plan		

Noah's Locations:

Nowra
Ulladulla
Sanctuary Point

Illawarra - no groups this term



GROUP/PROGRAM/SERVICE	DESCRIPTION	OTHER INFO
NDIS Services - Individual	<ul style="list-style-type: none"> • Plan Management • Key Worker (0-7 years) • Speech Pathology • Occupational Therapy • Physiotherapy • Psychology • Behaviour Support 	<ul style="list-style-type: none"> • For ages up to 18 years • Available at Noah's, home or education and community settings • Costs (charged to NDIS Plan) are according to the NDIS Price Guide • Waiting lists exist for some services • Limited access to some services in some locations
NDIS Services - Groups	<ul style="list-style-type: none"> • Skills Building for School (school-readiness group) • Early Language Skills (pre-school age) • Early Intervention Group (pre-school age) • Social Language Group (primary-school age) • Secret Agent Society (social skills group for 8-12 years) • PEERS (social skills group for 13-18 years) • Westmead Feelings Program (various ages) 	<ul style="list-style-type: none"> • Costs (charged to NDIS Plan) are according to the NDIS Price Guide • Waiting lists exist for some services • Mainly internal referrals accepted
Be My Best	Be My Best is for families who are experiencing difficulties managing the behaviour of their child/ren ages 2.5 to 7 years.	<ul style="list-style-type: none"> • Non-NDIS Program • Intensive Program (Nowra only) - parents commit to 2-3 sessions per week on Mon, Tues and/or Thurs for around 10 weeks • Coaching Program available at Nowra and Ulladulla • Contact us for more information, including costs and availability
Start Up	Start Up is a developmental assessment program for families with a child under school age who is not meeting milestones	<ul style="list-style-type: none"> • Non-NDIS Program • Contact us for more information, including costs and availability
Playgroups	Noah's runs a series of playgroups for families with infant or pre-school age children <ul style="list-style-type: none"> • Playgroups for Aboriginal families • Little Steps (for children who do not attend other early childhood education services) • PlayConnect (Supported Playgroup) 	<ul style="list-style-type: none"> • Non-NDIS Program • Contact us for more information or to register
Carer Support Services	<ul style="list-style-type: none"> • My Time • The Parent Room • Peer-to-Peer Mentoring • Grandparents as Carers 	Contact us for more information or to register
Early Childhood Early Learning Services	<ul style="list-style-type: none"> • Mundamia Early Learning Centre • SWAY (language and literacy program for early childhood services based on Aboriginal culture) • Koori Kids Together (targeted support for pre-schools and schools in Wreck Bay/Jervis Bay Territory) • Sector Capacity Building Program (supporting community pre-schools with a focus on inclusion) 	Contact us for more information or to register

For more information about Noah's Groups, Programs and Services or to book phone (02) 4423 5022 or visit www.noahs.org.au

Follow us on Facebook for the latest news and updates

Noah's Nowra:

69 George Evans Road, Mundamia (UOW Shoalhaven Campus), Ph: (02) 4423 5022

Noah's Ulladulla:

158 Green Street, Ulladulla, Ph: (02) 4455 1318

Noah's Illawarra:

Flagstaff Road, Port Kembla, Ph: (02) 4423 5022

Sanctuary Point Youth and Community Centre:

34 Paradise Beach Road, Sanctuary Point

Please note that bookings are essential for all groups. Timetable is subject to change. Some groups and programs do not run during the school holidays.