




Noah's Inclusion Services

Choose What You Respond To

Children often persist in uncooperative behaviour because of the reaction it gets from adults. So, to stop this behaviour, don't react to it. Wait for your child to cooperate with your instruction.

What?	How?	
Stop, Look, Praise	<ul style="list-style-type: none"> You will need to monitor your child carefully to see when he or she stops being uncooperative. As soon as your child does what you asked Praise him or her for doing it. This is the most important part of the strategy. Notice that what you are not responding to is the uncooperative behaviour, and you are responding to your child. Throughout the process you need to monitor closely and be on the lookout for the cooperative behaviour you want your child to show. 	
Minimal Attention	<ul style="list-style-type: none"> There are some things you must deal with to keep your family safe. You must deal with a child that runs onto a busy road or begins to hit a younger brother or sister. At these times, you need to give minimal attention to your child while dealing with the misbehavior and making sure your child and everyone else is safe. 	
Stay Calm	<ul style="list-style-type: none"> The thing to do is stay calm, don't say more than necessary to the child, and speak quietly. When your child begins to behave acceptably again, immediately praise your child for calming down, being quiet, etc. 	
Multiple Children	<p>Minimal attention is really handy when dealing with two children at once and one is misbehaving:</p> <ul style="list-style-type: none"> Praise the child that is behaving well, for whatever it is that the other child is not doing (e.g. playing quietly, playing fair, sharing ect.) Praise positively, e.g. "Good boy Billy for sharing" (not "Good boy Billy for not hogging the toys".) When the other child begins to behave acceptably again, praise that child for quieting down, accepting the rules of the game, sharing, doing what you asked, etc. 	