

# What's on at Noahs?

## Term 2, 2019 at Noah's Mundamia



**Noah's**  
EVERY CHILD.  
EVERY OPPORTUNITY.

### Grandparents Support Group

**Monday 6 May** 9.30am—11.00am

**Monday 3 June** 9.30am—11.00am

**Monday 1 July** 9.30am—11.00am

An informative & fun support group for Grandparents of children living with disability. This group is held off-site in the **Mind the GaP Building** next door to Noah's in Mundamia.

Please register with Debra on 4423 5022 or [djefferis@noahsark.nsw.edu.au](mailto:djefferis@noahsark.nsw.edu.au)



### MyTime

**Thursday 9 May** 10.00am—12:00 noon

This weekly peer support group is for parents and carers who care for a child with a disability, chronic medical condition or developmental delay.

Come along for to share in some fun activities, gain valuable information and enjoy networking with other Parents. Limited child care is also available.

Please register with Debra 4423 5022 or [djefferis@noahsark.nsw.edu.au](mailto:djefferis@noahsark.nsw.edu.au)



**MyTime**

Supporting parents of children with disabilities

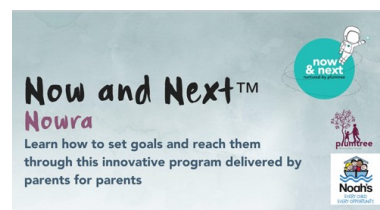
### Now and Next Program

Weekly from **Tuesday 14 May – Tuesday 2 July** 10:00am—2.30pm

This **8 week goal setting program** is delivered by parents for parents (by Plumtree). Learn great skills using fun & practical activities that will assist both you & your child.

More information and registration details are available through Plumtree's Eventbrite registration page at this link <https://www.eventbrite.com.au/e/now-and-nexttm-nowra-registration-59140836835>

Parent's can ring Noah's for more details but *must register via the above link*.



### NDIS Plans in practice Workshop

**Friday 24 May** 9.30am—2.30pm

A tailored workshop run by the Physical Disability Council of NSW facilitators who are experienced in supporting families with NDIS plan implementation and plan reviews. This is a small group workshop limited to five people.

Please register with Debra 4423 5022 or [djefferis@noahsark.nsw.edu.au](mailto:djefferis@noahsark.nsw.edu.au) OR with PDCN directly with Wendy Banfield 1800 688 831 or [admin@pdcnsw.org.au](mailto:admin@pdcnsw.org.au)



### T21 Morning Tea / Playdate

**Saturday 25 May** 10:00am—12:00 noon

Join Noah's at this fun and inclusive event to celebrate World Down Syndrome Day

Please register with Debra 4423 5022 or [djefferis@noahsark.nsw.edu.au](mailto:djefferis@noahsark.nsw.edu.au)



### The Parent Room

**Monday 27 May** 10:00am—12:00 noon : **Transition to School**

**Wednesday 26 June** 10:00am—12:00 noon : **Introduction to Autism**

Come along to these informative sessions in a relaxed and casual atmosphere.

Please register with Debra 4423 5022 or [djefferis@noahsark.nsw.edu.au](mailto:djefferis@noahsark.nsw.edu.au)



*For further information on these activities please ring Noah's on telephone 4423 5022 or visit [www.noahs.org.au](http://www.noahs.org.au)*