



Noah's
EVERY CHILD.
EVERY OPPORTUNITY.

Your Choice

A guide to programs at Noah's Inclusion Services

Noah's Inclusion Services

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Start Up Program

Where help and support begin

Who is it for?

The Start Up Program is for new families to Noah's who have a child under school age with difficulties in more than one area of development.

What is it?

Start Up is a unique, professional and thorough assessment program that ensures you know exactly what your child's needs are and the help and support that is available to you and your family to achieve your goals.

How does it work?

A group of professionals including Speech Therapists, Occupational Therapists, Early Childhood Special Educators, Psychologists and Child Care Workers, work with you and your child once a week over a five week period. They can see your child in a realistic setting and observe the child's interaction with other children, carers, toys and activities to determine the intervention and strategies that best suit you and your child.

Parents and carers participate with their child and also spend time separately with professionals and other parents.

At the end of this program, the results and recommendations of the assessment will be explained to the parents or carers. A report will be provided and this may include a formal diagnosis. Further assessment or therapies may be recommended.

How much do I pay?

Families pay \$100 for the 5 week Start Up Program. If the parent or child has a Health Care Card there is no charge for this program

What funding is relevant?

The NSW Department of Family and Community Services, Ageing, Disability and Home Care (ADHC) provide funding for the bulk of this program. The cost without this funding would be \$1,680.

How do I enrol?

Complete the form at the back of this pack and hand it to Noah's reception or your Noah's contact.



Key Worker

One point of contact focused on the child and their family

Who is it for?

A Key Worker is for families who have a child who has difficulties in more than one area of development. It is an option for all families regardless of whether or not your child has a formal diagnosis and is for children aged 0 to 8 years.

What is it?

A Key Worker is an early childhood intervention professional and may be an Early Childhood Special Educator, Speech Pathologist, Occupational Therapist or Psychologist. Your Key Worker becomes the main contact for all the family's needs and is the person you see and talk to the most.

How does it work?

Your Key Worker will visit your child for one hour a week during term time in their normal routine - wherever you need support. This can be at your home, at preschool, at Noah's or in the community. Your Key Worker provides support across all the areas you require to reach your goals. The Key Worker is also able to communicate with other professionals if required. We call this 'transdisciplinary'.

How much do I pay?

Fees for this program are subject to the relevant funding.

What funding is relevant?

This program is funded by:

- Department of Social Services Helping Children with Autism (HCWA) and Better Start Initiative (BSI)
- Department of Education and Community (DEC) Inclusion Support Program
- Department of Family and Community Services, Ageing, Disability and Home Care (ADHC)

Children who are approved for HCWA or BSI funding can claim \$1,680 per term (to cover part of the \$1,875 cost per term). Noah's will fund the remaining \$195.

There are funded places available for children who are not eligible for HCWA or BSI funding.

How do I enrol?

Complete the form at the back of this pack and hand it to Noah's reception or your Noah's contact. Priority will be given to children who are not accessing any other intervention service.

Kids Together

Preschool or School based Key Worker

Who is it for?

Kids Together is for children aged between 0 and 8 years attending a participating Illawarra or Shoalhaven early childhood centre or school who have a diagnosed disability or recognisable needs. A Kids Together Key Worker is ideal for a child transitioning to school or preparing for school.

What is it?

The Kids Together program places a Key Worker, who is an early childhood intervention professional, in places where children spend their time. For example day care centers, preschools or schools.

How does it work?

For one hour a week during term time the Key Worker works in the preschool or school, alongside staff, to embed the child's goals into everyday routines. The Key Worker can also organise training for the preschool or school staff.

How much do I pay?

Fees for this program are subject to the relevant funding.

What funding is relevant?

This program is funded by:

- Department of Family and Community Services, Ageing, Disability and Home Care (ADHC)
- Department of Social Services Helping Children with Autism (HCWA) and Better Start Initiative (BSI)
- Department of Education and Community (DEC) Inclusion Support Program

Children who are approved for HCWA or BSI funding can claim \$1,680 per term (to cover part of the \$1,875 cost per term). Noah's will fund the remaining \$195.

There are funded places available for children who are not eligible for HCWA or BSI funding.

How do I enrol?

Complete the form at the back of this pack and hand it to Noah's reception or your Noah's contact. Priority will be given to children who are not accessing any other intervention service.



Individual Therapy

Traditional model of separate specialist appointments

Who is it for?

Individual Therapy is for families who have a child aged between 0 to 8 years with difficulties in more than one area of development, who need or prefer a traditional model where they arrange separate appointments with individual professionals. It is an option for all families regardless of whether their child has a formal diagnosis.

What is it?

Individual Therapy sessions take place with a Speech Pathologist, Occupational Therapist, Early Childhood Special Educator, Physiotherapist or Psychologist, depending on the child's needs and goals.

How does it work?

The child and their parents attend a one hour session, once a week during term time that takes place at Noah's. The focus of the session is on individual goals specific to that type of therapy. For example, communication goals for a Speech Pathology session; sensory or fine motor goals for an Occupational Therapy session; or play skills in an Early Childhood Special Educator session.

How much do I pay?

Fees for this program are subject to the relevant funding.

What funding is relevant?

This program is funded by:

- Department of Family and Community Services, Ageing, Disability and Home Care (ADHC)
- Department of Social Services Helping Children with Autism (HCWA) and Better Start Initiative (BSI)

The amount of funding required will vary, and will depend on the complexity of the needs of each child being supported and the location in which the services are received. For example, 10 sessions would require between \$1,680 and \$2,520 of funding.

How do I enrol?

Complete the form at the back of this pack and hand it to Noah's reception or your Noah's contact. Priority will be given to children who are not accessing any other intervention service.

Small Group Therapy

A social environment to learn and practise new skills

Who is it for?

Small Group Therapy is for families who would like their 0 to 8 year old child to work on goals together with a small group of children who have similar needs.

What is it?

Small Group Therapy provides an opportunity for children to learn and practice skills in a group with a Speech Pathologist, Occupational Therapist, Psychologist or Early Childhood Special Educator. A Child Care Worker also supports the group. It is also an opportunity to meet other parents or care givers.

How does it work?

The group meets at Noah's, once a week during term time. Each group focuses on a particular area. For example one Small Group may focus on communication, while another focuses on play skills, motor skills or sensory needs. They provide multiple opportunities to practise skills.

How much do I pay?

Fees for this program are subject to the relevant funding.

What funding is relevant?

This program is funded by:

- Department of Family and Community Services, Ageing, Disability and Home Care (ADHC)
- Department of Social Services Helping Children with Autism (HCWA) and Better Start Initiative (BSI)

Children who are approved for HCWA or BSI funding can claim \$1,200 per term (the actual cost of the program).

There are funded places available for children who are not eligible for HCWA or BSI funding.

How do I enrol?

Complete the form at the back of this pack and hand it to Noah's reception or your Noah's contact. Priority will be given to children who are not accessing any other intervention service.

Managing Children Program

Behaviour support and training for children and their parents

Who is it for?

The Managing Children Program (MCP) is a child management and parent training program for families where behaviour difficulties are so great that other programs do not make a difference and the child is at risk of developing serious problems. The program is specifically for families with a child aged between 2 ½ to 7 years who experiences major problems with behavior at home, preschool or school. Children may have special needs in addition to their behaviour. For example, ADHD or a diagnosed mental or physical disorder.

What is it?

There are two parts to this program. Firstly there is Pre-MCP, which provides one-on-one support and advice for parents and carers without the child present. This is an individualised service that can be face-to-face or through phone contact.

Following this, families can move onto the full MCP. This program gives parents the opportunity to practise child management skills in a controlled, safe environment. Professionals provide immediate support and DVD feedback as well as assisting in the application of skills to the child's specific behaviour.

How does it work?

The family (without the child) attends a private consultation session to determine the family's needs and decide the best model of support required. If it is appropriate, they then attend the full MCP with their child, which is the intensive phase of the program and includes 3 sessions a week for 10 weeks. Each session is 45 minutes long.

How much do I pay?

Families pay \$70 per term for Pre-MCP or the full MCP.

What funding is relevant?

Funding for the full MCP course and Pre-MCP consultation sessions is available through:

- Department of Family and Community Services, Ageing, Disability and Home Care (ADHC)
- Department of Social Services Helping Children with Autism (HCWA) and Better Start Initiative (BSI)

The cost for Pre-MCP is \$150 per session. The cost for the MCP is \$4,500.

How do I enrol?

Complete the form at the back of this pack and hand it to Noah's reception or your Noah's contact. This program can be completed in conjunction with other programs with Noah's.



Family Disability Support Program

Support for Families with school aged children

Who is it for?

The Family Disability Support Program provides support services to meet the needs of school aged children with a disability and their families or carers.

What is it?

The program provides support through a wide, flexible range of activities and information to help relieve stresses imposed on families by their child's special needs.

How does it work?

The program aims to redress the service gap families may experience once their child starts school and reaches the age where they are no longer able to access early intervention services by:

- Reducing the stress on families so all the family members can enjoy quality relationships as individuals and as a family and have hope for the future
- Enabling families with children with disabilities to have fun and relax together by providing recreational based activities where they can have fun together, and have some relief from the responsibility of caring for their child with the disability, with other families in similar situations.
- Maintaining contact with the parents so they can continue to make informed choices for their child
- Directing parents/families to information, support and resources when they need it
- Providing peer support for siblings of children with special needs
- Providing families with supportive networks

What does it cost?

The cost will be a contribution to the activity attended and will vary depending on the activity. Noah's aims to provide a range of activities, which are affordable for families.

What funding is relevant?

Activities are subsidised with funding available through:

- Department of Family and Community Services, Ageing, Disability and Home Care (ADHC)

How do I enrol?

Complete the form at the back of this pack and hand it to Noah's reception or your Noah's contact. This program can be completed in conjunction with other programs with Noah's.



Young Person Support

Therapy based services for children & young people

Who is it for?

Young Person Support is aimed at children and young people with disability aged 9 – 18 years. The broad aim of the program is to increase the participation and inclusion of children and young people with disability in everyday settings.

What is it?

Individual Therapy sessions take place with a Speech Pathologist, Occupational Therapist, Physiotherapist or Psychologist, depending on the child's or young person's needs and goals.

How does it work?

Once a referral has been received it will be prioritised according to the individual needs of the child or young person. If more information is required, Noah's will contact the family to get a better understanding of the individual needs. Once a place is available, therapy sessions will be tailored to best meet these needs, at a location that is suitable and appropriate; this could be at home, the person's school or another suitable location. As this service is needs based, more than one therapist may be involved.

How much do I pay?

Fees for this program are subject to the relevant funding.

What funding is relevant?

The program is fully funded by the NSW Department of Family and Community Services, Ageing, Disability and Home Care (ADHC). The amount of funding required will vary, and will depend on the complexity of the needs of each young person being supported and the location in which the services are received. For example, 10 sessions would require between \$1,680 and \$2,520 of funding.

How do I refer?

Anyone can refer to this program, simply complete the form at the back of this pack and hand it to Noah's reception or your Noah's contact. Priority will be given to those with the greatest need.



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Preference Form

Please complete the form and indicate your preferences, then return to the reception at Noah's, or your Noah's teacher or therapist.

Child's Name: _____ Date of Birth: _____

Diagnosis (if relevant): _____

Parent/Carer's name: _____

Contact address: _____

Contact phone number: _____

Contact email: _____

Does your child receive HCWA or Better Start funding? Yes No

Preschool, Daycare or School attending: _____

Please circle days: Monday Tuesday Wednesday Thursday Friday

Preferences - please mark numbers 1, 2 and 3 (1 being your most preferred option):

___ Key Worker

___ Kids Together

___ Individual Therapy / Young Person Support (please circle below)

Occupational Therapy Speech Pathology Play Skills Emotion/ Behaviour Physiotherapy

___ Small Group Therapy (please circle below)

Fine Motor Gross Motor Communication Social Skills Play Skills Emotional School Readiness

Please indicate with a tick if you would like to attend these additional programs:

___ Managing Children Program

___ Family Disability Support Program

Please note a current Membership Application / Renewal form will need to be completed prior to registering for any additional program.

Placement in programs is subject to availability and waiting lists sometimes apply. You will be notified as soon as possible of availability.